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Ph.D; Counseling

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Articles :

1. Samouei, R., Shoostari, S., Bahrami, M., Abedi, M.R., & Maracy, M. R. (2021). Psychometric Evaluation of a Questionnaire for Measuring Factors Related to Mental Health of Women in an Earthquake. *Women & Health*, 61(1): 66-72.
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Book:

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2. Izadi, R., & Abdei, M.R., (2021). *Upbringing in Practice*. 2nd Ed. Sayeh Sokhan publication.
3. Abedi, M.R., Izadi, R. (2020). *52 Ways of Being Together*. 2nd Ed. Hadis Rahe Eshgh Publisher.
4. Abdi Zarin, S., Baghban, I, Abedi, M.R. (2017). *Career and Education Counseling*. 2nd Ed. Hazrat-e Masoomeh University Publisher.
5. Abedi, M.R. (2016). *Obsessive Disorder Cognitive Counseling*. 2nd Ed. Arjmand.
6. Daneshmandi, S., Izadi, R., & Abedi, M.R. (2016). *The ACT Practitioner's Guide to the Science of Compassion: Tools for Fostering Psychological Flexibility*. Jangal Publication.
7. Moein, S., Izadi, R., & Abedi, M.R. (2016). *ACT at workplace*. Jungle Publishing.
8. Izadi, R., & Abedi, M.R. (2016). *Getting Unstuck in Act*. Jangal Publication.
9. Izadi, R., & Abedi, M.R. (2016). *Overcoming a Hundred Life's Challenges*. Isfahan leisure and cultural Municipality.
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11. Makeliha, M., & Abedi, M.R. (2015). *Application of Qualitative Assessment in Career Counseling*. Jangal Publication.
12. Samiee, F., Baghban, I, Abedi, M.R., & Hoseinian, S. (2015). *Career Counseling Theories*. Jahad Daneshgahi Isfahan.
13. Nilforooshan, N., & Abedi, M.R. (2014). *Learnt Optimism, ho to Change your Mind and your Life*. Negarkhaneh.
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22. Akbar zade, M., Abdi zarrin, S., Abedi, M.R., Baghban, I.,& Ferasat, H. (2012). *Normalization of Occupational form of Personal Globe Inventory*. *Journal of Industrial/ Organizational Psychology*. 3(12), 21-33. [Persian].
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24. Samiee, F., Abedi, M.R., Baghban, I., Samee, F. (2012). *Colored Personality*. Moazami.
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26. Izadi, R.,& Abedi, M.R. (2012). *Cognitive Behavior Therapy*. Jangal Publication.
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28. Hagh shenas, L.,Abedi, M.R., Baghban, I. (2010). *Strong Interest Questionnaire's Scoring and Interpretation Manual*. Neveshteh.
29. Naderin, F., Shabani, A.,& Abedi, M.R. (2010). *Study in the Digital Age*. Chapar.
30. Navidian, A., Abedi, M.R., Bakhshani, N.M.,& Poursharifi, H. (2010). *Motivation Interviewing in Treatment of Psychological Problems*. Sokhan Gostar.
31. Haghshenas, L. Abedi, M.R., Baghban, I.,& Hosseinina, S. (2010). *Academic Interests*. Taymaz.
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Iranian peer reviewed papers:

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4. Yusefzade, I., Abedi, M.R., & Nilforooshan, P. (In Press). Investigating the Native Characteristics of Persons with Protean Career Orientations in Iran. Is Protean Career Orientation the Same as Entrepreneurship? *Journal of Career & Organizational Counseling*.
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- Therapy” and “Compassion Focused Therapy” on self-efficacy, quality of relations and meaning in life in infertile women. *JHPM*. 8 (3), 10-18.
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 36. Salehi, R., Abedi, M.R., & Nilforooshan, P. (2019). Developing an academic success model: A qualitative study. *Culture Counseling*. 10(38), 1-29.
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- Samiee, F., Baghban, I., Abedi, MR., & Hoseinian, S. (2011). The development of middle school occupational aspirations and expectations in Iran. International Conference: Vocational designing and Career counselling: Challenges and new horizons.
- Kermani, N., Baghban, I., & Abedi, MR. (2011). A comparison of career development in Iranian graduate students of the University of Isfahan and University of Waterloo. International Conference: Vocational designing and Career counselling: Challenges and new horizons.
- Etesam poor, A., Abdei, MR., & Baghban, I. (2011). The effect of parental career training on career adaptability in Isfahan elementary school children (in third grade). International Conference: Vocational designing and Career counselling: Challenges and new horizons.
- Abdi Zarin, S., Baghban, I., Abedi, MR. (2011). Reliability and correlation of interest inventories: Strong Interest Inventory (SII) and Self-Directed Search (SDS). International Conference: Vocational designing and Career counselling: Challenges and new horizons.
- Malekiha, M., Abedi, MR., Baghban, I., & Fatehizade, M. (2011). The effect of work-family conflict management training on job satisfaction and decreases in work-family conflict, family work-conflict in Isfahan worker females at Iran. International Conference: Vocational designing and Career counselling: Challenges and new horizons.
- Esmaeili, L., Aghaei, A., Abedi, MR., & Esaieili, M. (2011). The efficacy of emotional regulation on the depression and anxiety of epileptic girls (14-18) in Isfahan. 1st international congress of child and adolescent's psychology with a cultural and slamic approach.
- Esmaeili, L., Aghaei, A., Abedi, MR., Esaieili, M., & Aghaei, M. (2012). The efficacy of emotional regulation on the aggression of epileptic girls (14-18) in Isfahan. Procedia - Social and Behavioral Sciences.

- Nilforooshan, P., Abedi, M.R., Fatehizadeh, M., Ahmadi, A., & Ghasemi, V. (2012). The effect of self and partner on relationship attributions. ICP, (International Congress of psychology).
- Rostami, Z., Khawaja, N., & Abedi, M.R. (2012). using the university student depression inventory (USDI) to investigate the effect of demographic variables on students' depression in Iran. The 30th international congress of psychology. Cape Town, South Africa.
- Sadeghi, A., Jafari, Z., Abedi, M.R., & Latifi, Z. (2012). The effectiveness of career exploration on career life. The 3rd conference on counseling. Khomeinin shahr, Azad University.
- Samiee, F., Baghban, I., Abedi, M.R., & Hosseinian, S. (2011). The development of middle school occupational aspirations and expectations in Iran. International Conference: Vocational designing and Career counselling: Challenges and new horizons.
- Esmaeili, L., Najafi, M., Abedi, M.R., Esmaeili, M., & Sonbolestan, A. (2011). The effectiveness of emotion regulation on mental health of girls with epilepsy. The 8th international congress on epilepsy. Tehran, Iran.
- Padash, Z., Fatehizadeh, M., & Abedi, M.R. (2010). The effect of quality of life therapy on reducing family problems. The 4th conference on family pathology. Tehran, Iran.
- Tagarian, N., Fatehizadeh, M., Abedi, M.R., & Etemadi, O. (2009). The effectiveness of spiritual couple therapy on open relationship, intergenerational attention and couple intimacy. The 5th conference on Islamic counseling.
- Zolfaghari, M., Fatehizadeh, M., & Abedi, M.R. (2008). The relationship between schemas and marital conflict among personnel of the Mobarakeh steel company. The 3rd congress on family pathology.
- Dibaj, F., Bahrami, F., & Abedi, M.R. (2008). Job satisfaction among personnel of the Isfahan municipality. The 1st Biannual of organizational psychology. Isfahan, Iran.
- Mirshahjafari, E., Abedi, M.R., Liaghatdar, M. (2007). The relationship between health and the quality of life's human and social factors among University faculty members. The 1st conference on humanities and health. Isfahan, Iran.
- Kalantari, M., Molavi, H., & Abedi, M.R. (2006). The effect of behavioral parent training on the reduction of externalized behavioral problems in preschool children. International Seminar on Counseling and Psychotherapy in an Islamic perspective.

- Latifi, Z., Molavi, H., Abedi, M.R. (2006). Female full time job and its problems for family and society. The 2nd conference on family pathology. Tehran, Iran.
- Abedi, M.R., Shafiabadi, A., Ahmadi, A., Salimizadeh, K. (2004). The effectiveness of career counseling with social learning theory on burnout of counselors in Isfahan. The conference on the role of counseling on the market.
- Abedi, M.R. (2004). The relationship between job factors and divorce in Isfahan. The conference on divorce and its reasons.
- Abedi, M.R. (2004). Happiness and panic disorder. II Annual International. Conference on Psychophysiology of panic attacks. October, 2004. London.
- Samiee, F., & Abedi, M.R. (2004). Recommended and practical programs for addiction prevention in the universities. The conference on addiction.
- Abedi, M.R. (2002). The comparison of group and individual cognitive behavior therapy on Obsessive Compulsive Disorder. The 1st conference on cognitive psychology.
- Kalantari, M. Abedi, M.R. & Molavi, H. (1997). The effectiveness of the behavioral parent training on redaction of externalized behavior problems in Iranian preschool children. International seminar of counseling and psychotherapy from Islamic perspective. Malaysia, Kuala Lumpur.
- Abedi, M.R. (1995). Psychology of pain. The 3rd conference of mental health.

Projects:

- Women's emotional empowerment, Isfahan Municipality
- Creating a comprehensive processed-based career/school counseling program, Ministry of Education
- Creating a comprehensive career guidance program and investigating its effectiveness on self-efficacy
- Investigating The effectiveness of career counseling based on on Acceptance Commitment approach on career adaptability and emotional intelligence of parents, teachers and students.
- Intensive counseling for obsessive compulsive disorder in Iran
- Feasibility assessment of systematic counseling for obsessive compulsive disorder in Iran.

Investigating happiness and the effectiveness of happiness training on mental health of workers on petrol company.

Creating job club in the Isfahan municipality and its effectiveness on employment

Other activities:

Editor in Chief. Journal of Behavior and Cognitive Sciences

Founder of the University of Isfahan Center of Trauma Studies and interventions

Founder of the University of Isfahan Counseling and Psychological Service Center

Awards :

2017 Awards for a “A wise major choice” program. University of Isfahan.

2014 The best author in the field of psychology. Isfahan.

2012 The best researcher in the province award. University of Isfahan.

2012 The best researcher in the province award. The Provincial Government of Isfahan.

2009 The distinguished professor award. University of Isfahan.